






- ◆ **How to get a good life support via the webapp**  
**[your.humanguide.se](http://your.humanguide.se)**  
**& StrengthStrategy**

**Your HumanGuide**



 Info  Info

Username (your email address):

Password:

**Login\*)**

I don't remember my password, send it by email

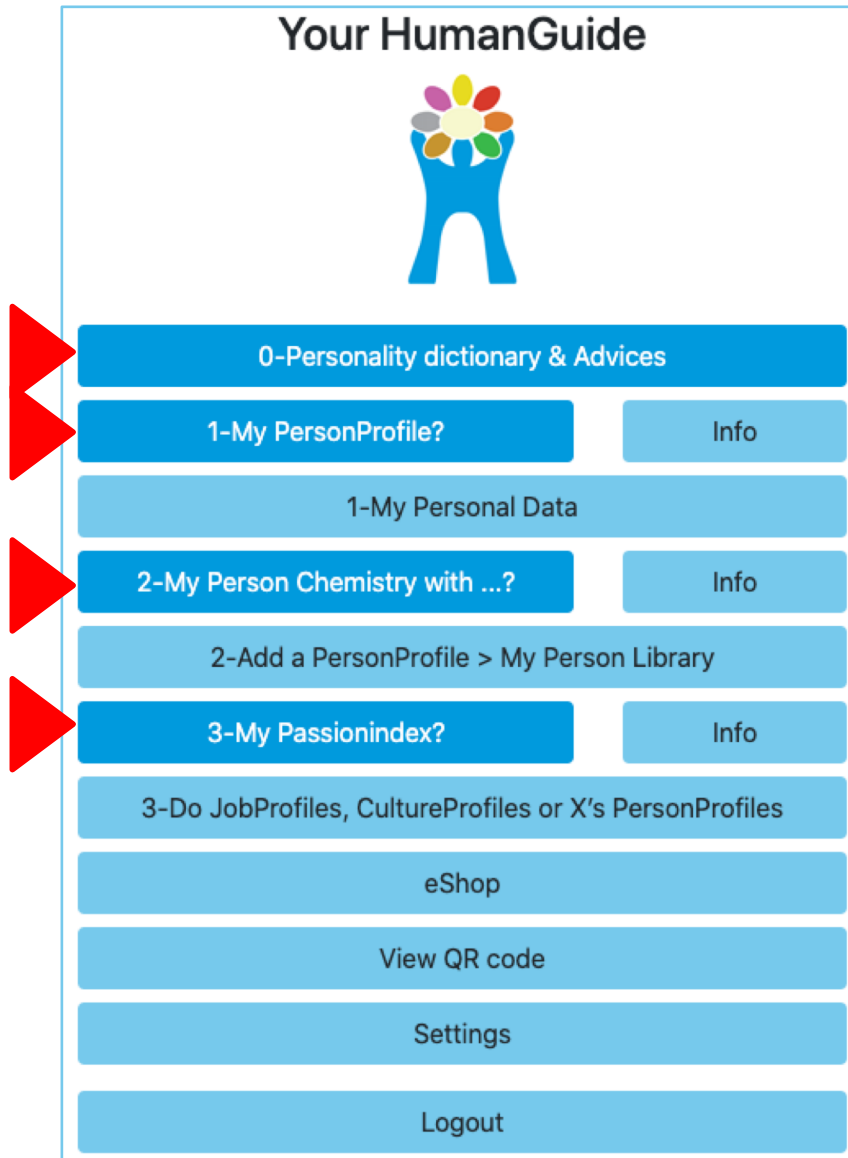
\*) If you have a log in for the web app cards.humanguide.se, then you can use that here too

### At first log in...

This app is a so-called web app, so you only click on this web address [your.humanguide.se](http://your.humanguide.se)

Then you need to accept the user conditions and log in. You should have got the login information via a separate e-mail. Normally this email comes some minutes after you have done the test...

NOTE! It sometimes comes into the spam box.



### Main menu...


The app consists mainly on these ambition levels

- [0-Personality dictionary & Advices](#) – knowledge based on the HumanGuide concepts
- [1-My PersonProfile?](#) – here you can look at your PersonProfile and connected data
- [2-My Person Chemistry with...?](#) – here you can connect your PersonProfile with other's PersonProfile and analyse the chemistry
- [3-My Passionindex?](#) – here you can calculate your passionindex, i.e. your personality's matching with a job, culture or person

Then you have these supportive functions...

- [eShop](#) – a link to our eShop
- [View QR code](#) – support for level 2 above
- [Settings](#) – here you can change language, Swedish or English and also password

**Your HumanGuide**



0-Personality dictionary & Advices

1-My PersonProfile? Info

1-My Personal Data

2-My Person Chemistry with ...? Info

2-Add a PersonProfile > My Person Library

3-My Passionindex? Info

3-Do JobProfiles, CultureProfiles or X's PersonProfiles

**Your HumanGuide**



What means e.g. the factor Power?

How is the person chemistry, etc?

How to handle the exaggeration of a factor?

What is the factor's contribution?


How to show that I like someone?

How to communicate with...?

Back

0-Personality dictionary & Advices  
Then you will get knowledge and advices about the factors in the personality theory









**Your HumanGuide**



**Explanations for the eight factors**  
When you click on one of the eight factors below, you will get an explanation of what that factor means.


**Symbolic colours** are used for the factors. Different schools are of different opinion over what effect particular colours have. Therefore it is impossible to say what are right and wrong symbolic colours...

The factors in the **upper row** are **driving** and they in the **lower row** are **reflecting**.

 POWER	 EXPOSURE	 IMAGINATION	 CONTACTS
 SENSIBILITY	 QUALITY	 STRUCTURE	 STABILITY

Back

**Your HumanGuide**



**Power**  
energetic  
competitive  
straightforward  
speedy  
driving  
eager  
quick  
strong

**Power - Grey** is the symbolic colour. It can be associated as "cold" steel. A **hammer** can also be chosen as a symbol, because it is hard and full of kinetic energy. Typical qualities: Energetic, competitive, straightforward, speedy, driving, eager, quick and strong.

## Your HumanGuide

### My PersonProfile...

Your PersonProfile is shown below as a so-called AppProfile, i.e. you see your

- **primary factors** (*your strengths*), when it is filled with a symbolic colour in the whole square
- **secondary factors**, when it is filled with a symbolic colour in half of the square

**NOTE! If you click on a square**, then you will come to a page, where the factor e.g. Power is explained. Click on the Back-button in order to come back.

If you like to have more information, then you click on the button **Info**.

Info

PersonProfile 2001-05-17 CP

Power	Exposure	Imagination	Contacts
6 1	0 5	9 0	5 2
4 1	5 0	6 1	1 8
Sensibility	Quality	Structure	Stability

Back

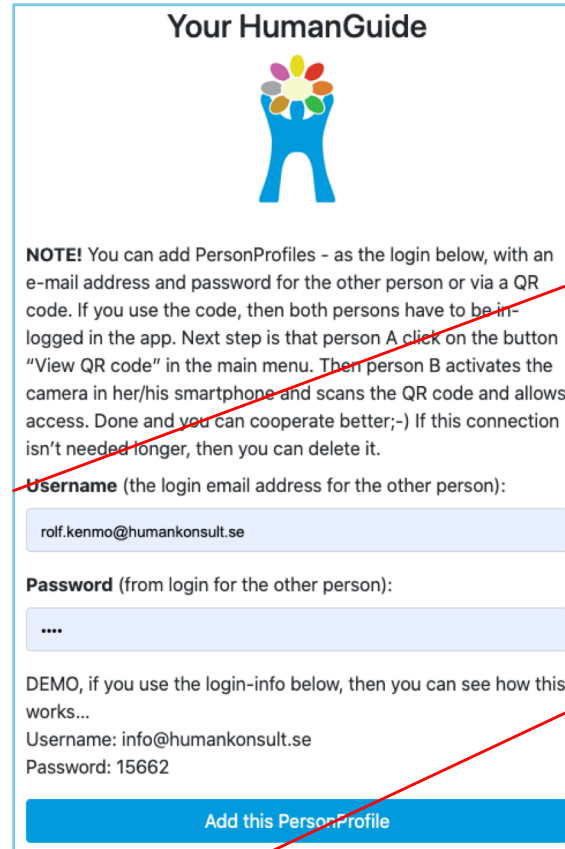
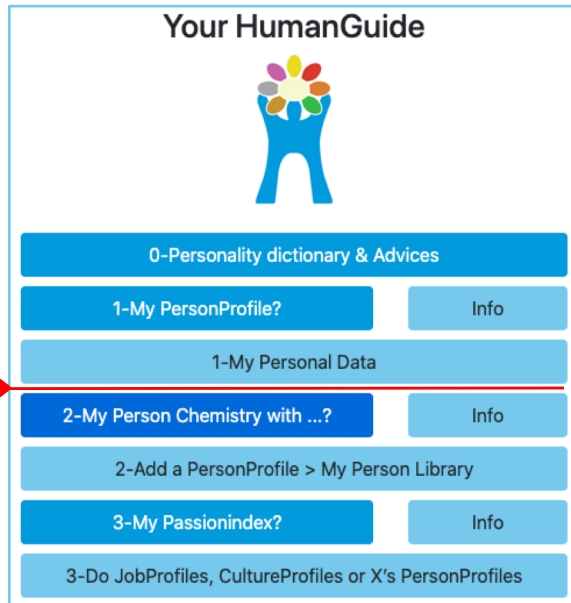
Logout

### 1-My PersonProfile?

Then you get information about your PersonProfile. If you need to repeat the knowledge about a factor, then you can click on the factor and you will get the same knowledge as at the level 0.

For each factor there are two values. The upper tells how many choices you have done as Typical. The bottom tells how many as Not typical.

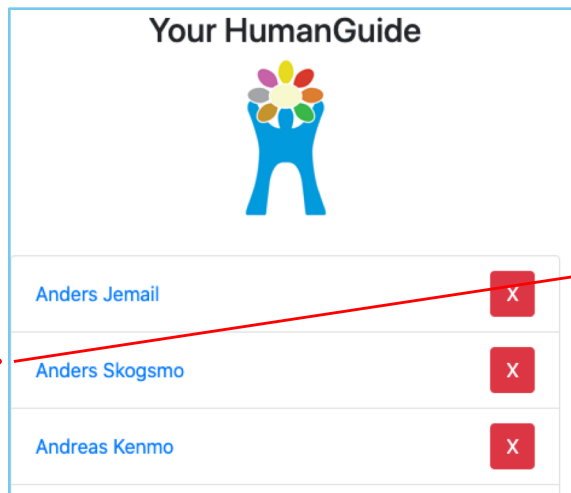
This profile is also fine-tuned with an authorised user. Therefore you see two colours in Imagination. The small square (blue) is the co-factor and the big square (yellow) is the core factor (the strongest strength).



## 2-My Person Chemistry with...?


**B 1** At first you need to connect to the other person. One way is - as written to the left - that the other person log in on your phone. You can also test this with the demo.

Another way is that the other person uses the button **B 2** **View QR code** on the main menu and then switch to camera and reads the QR code in order to connect.



**C** On this list example you see three connected persons. If you click on one, then you will see the person chemistry. There is also a button with a red cross, which you use, if you like to delete this connection.

**Your HumanGuide**



0-Personality dictionary & Advices

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C 1

C 2

**Your HumanGuide**



Anders Jemal X

Anders Skogsmo X

Andreas Kenmo X

C 3

**Your HumanGuide**

**Our Chemistry...**  
 On this page you can see how your person chemistry is together. What your strengths (drives) are and your risks in your particular cooperation. At first remember that talent is an overestimated idea, i.e. where you have your strongest drives (strengths), there you have your strongest motivation and then you can be a talent...

Below there are explanations for the eight factors and their "chemistry". **When you click on one of the eight factors below (the column in the middle)**, you will get an explanation of what that factor's "chemistry" means and then not only person chemistry - also job chemistry and culture chemistry.

Similar factors like each other, except *Exposure*, who can be rivals about being in focus. Different factors can sometimes create irritation and conflicts. Good self-esteem reduces the risk...

**Your PersonProfiles**  
 It is shown below as a so-called AppProfile, i.e. you see your

- **primary factors (your strengths)**, when the whole square is filled with the symbolic colour
- **secondary factors**, when half of the square is filled with the symbolic colour

**NOTE! If you click on a square in your profile (the first column) or the other's profile (the third column)**, then you will come to a page, where the factor e.g. *Power* is explained. Click on the Back-button below in order to come back.

If you like to have more information, then you click on the button **Info**.

Info

PassionIndex


Demo	Demo
Demosson	Demosson
hgyocl	hgyocl
PersonProfile	PersonProfile
2017-02-10	2017-02-10

Sensibility	<b>Chemistry</b>	Sensibility
4	Sensibility	4
3	Info	3
Power	<b>Chemistry</b>	Power

C 4

2-My Person Chemistry with...? It looks like this, when you have clicked on someone in your Person Library...

**Your HumanGuide**



**PERSON CHEMISTRY - Sensibility**  
 In general, it is rare that others have issues with *sensibility* because of the thoughtful and caring nature of the factor. This, on the other hand, can cause *sensibility* trouble. The issue others can express with *sensibility* is indecisive and that it is difficult to get a clear message from *sensibility*. This is because *sensibility* prefers to avoid conflict.

*Sensibility* likes when you need to stimulate all senses e.g. being caring, being warm and similar. Moreover, if you be kind and sensitive! It is also good if you care about health and the environment. Strive also after harmony.

**PERSON CHEMISTRY - Sensibility - Sensibility**  
 A very caring and friendly atmosphere. Low tempo.

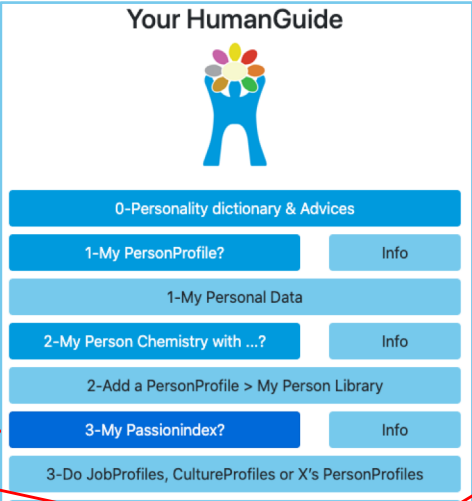
**JOB CHEMISTRY - Sensibility**  
 Have physical contact and be considerate. Care for others and use senses and body. Give service.

**METHOD CHEMISTRY - Sensibility**  
 Use hand and ones senses.

**HOBBY CHEMISTRY - Sensibility**  
 Body caring in many ways, riding, animals, cooking and wine tasting

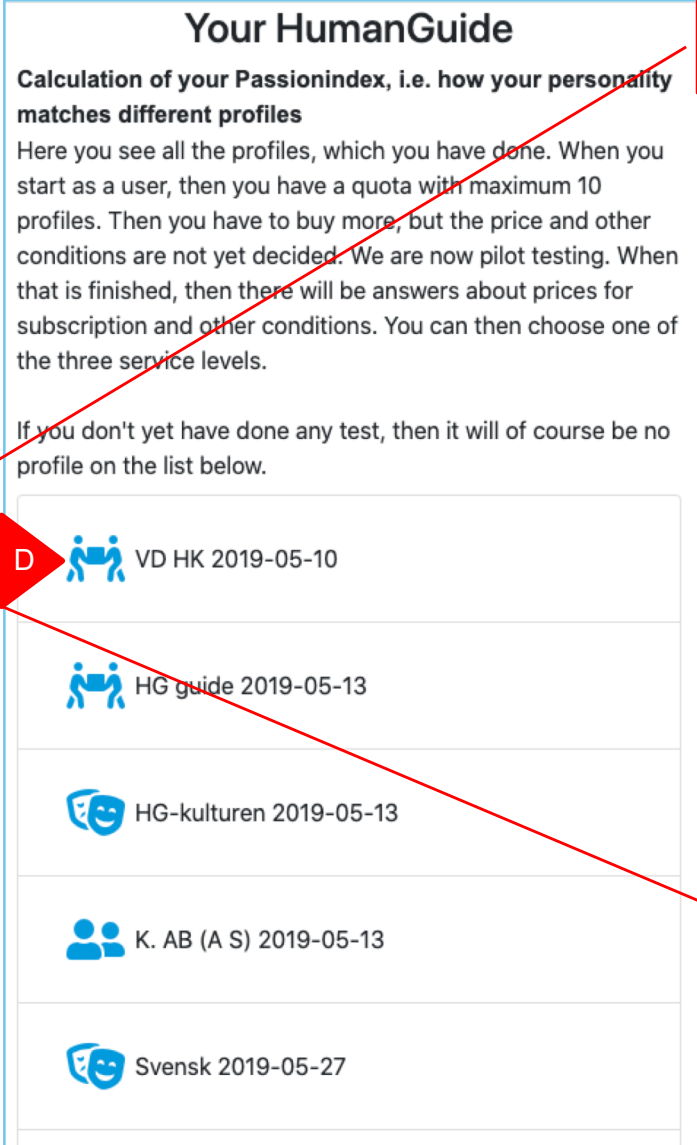
**CULTURE CHEMISTRY - Sensibility**  
 (Organization culture)  
 Responsive, Tactful, Friendly, Sensibly, Gentle, Accommodating, Gentle, Humble, Intimacy

More info about the HumanGuide®-concepts - look at [www.humanguide.com](http://www.humanguide.com) or buy the book "Let the Personality Bloom" via [www.adlibris.com](http://www.adlibris.com).



**Your HumanGuide**

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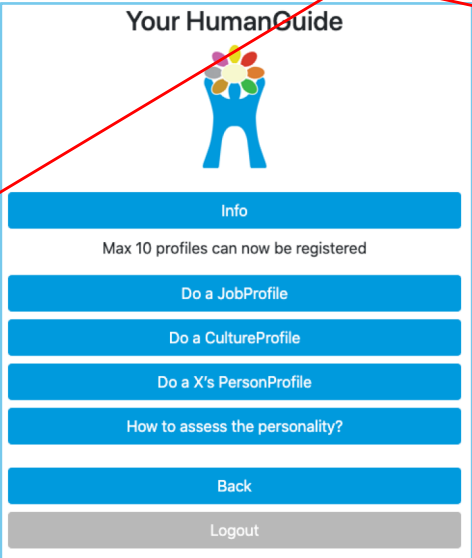
**Your HumanGuide**

**Calculation of your Passionindex, i.e. how your personality matches different profiles**

Here you see all the profiles, which you have done. When you start as a user, then you have a quota with maximum 10 profiles. Then you have to buy more, but the price and other conditions are not yet decided. We are now pilot testing. When that is finished, then there will be answers about prices for subscription and other conditions. You can then choose one of the three service levels.

If you don't yet have done any test, then it will of course be no profile on the list below.

	VD HK 2019-05-10
	HG guide 2019-05-13
	HG-kulturen 2019-05-13
	K. AB (A S) 2019-05-13
	Svensk 2019-05-27



**Your HumanGuide**

- Info
- Max 10 profiles can now be registered
- Do a JobProfile
- Do a CultureProfile
- Do a X's PersonProfile
- How to assess the personality?
- Back
- Logout

**3-My Passionindex?**  
 At first you need to do one or more profiles of the three types. If you aren't so sure about a profile, then you perhaps have someone, who can help you.

For assessing another person there is supportive knowledge via the button [How to assess the personality?](#)

The calculation of the passionindex will come to you in PDF-format.

### My StrengthStrategy...

A lot of people do personality tests...  
Mostly as candidates for a job, because  
the potential employer wants to avoid  
mistakes.

However, you can also use a personality  
test as a support for your personal  
development, but then you need a  
concept for that. Our is to do the test  
and then get support from the app  
[your.humanguide.se](http://your.humanguide.se).

The conclusions and advices you get  
you write in your StrengthStrategy.  
Only one page, so there is only space  
for important information;-)

On the following pages

- Template
- Instruction
- Example

Good luck!  
Rolf Kenmo

My <b>strengths</b> (typical) are and should be used for?	My biggest <b>exaggeration</b> is and should be handled like this?
My <b>unneed</b> /-s are and they I handle in this way?	I will <b>improve</b> and then I do like this?

# StrengthStrategy

My **strengths** (typical) are and should be used for?

My biggest **exaggeration** is and should be handled like this?

My **unneed/-s** are and they I handle in this way?

I will **improve** and then I do like this?



## StrengthStrategy - Instruction

My **strengths** (typical) are and should be used for?

*You fill in here your primary factors (strengths) from your PersonProfile and the theory Eight boxes.*

*It is then wise to fill in your jackpot-activity, if you have done one. More - look in the book "Let the Personality Bloom". Or at least your preferred job...*

*Finally it is smart to have three powergoals. More - look in the book "Power Goals".*

My biggest **exaggeration** is & should be handled like this?

*You fill in here your worst exaggeration, which most often has its origin from your corefactor (the strongest strength).*

*You then fill in the actions you need to do in order to handle your exaggeration. There are proposals in the book "Let the Personality Bloom".*

*Note! You will never get rid of your exaggeration, because if you can succeed with that, then will also the strength disappear. It is important to be aware of your exaggeration, then you can reduce its influence, as much as possible.*

My **unneeds** are and they I handle in this way?

*You fill in here your unneed/-s, i.e. the factors, which are on the lowest level (=uncoloured).*

*Finally you fill in how to handle your unneed/-s.*

I will **improve** and then I do like this?

*You fill in here what you ought to do in order to develop your strengths. What is most crucial!*



## StrengthStrategy - Example

My **strengths** (typical) are and should be used for?

*Imagination, Structure, Quality and Power (from the eight basic factors in the personality theory "Eight boxes" - these are my strengths).*

*Jackpot activity is: To solve complex problems for a better society, i.e. an activity in principal, which uses all my four strongest factors in this case. More info in the book "Let the Personality Bloom".*

*I do this as concept developer for HumanGuide.*

*I have three powergoals (more info in the book "Power Goals"). Two for my work and one private...*

My biggest **exaggeration** is and should be handled like this?

*Expansion exaggeration (Imagination).  
It is very important to have a well-defined goal picture, because then it is easier to say no to not relevant actions. It is also easier to figure out how actions can be handled in the smartest way.*

*Care about goals and follow up them.*

*Check that people understands you...*

My **unneeds** are and they I handle in this way?

*Exposure and Stability.*

*Exposure is no problem today. When I was younger it was a strength (primary factor), which I can pick up today - when needed;-)*

*Stability is a problem. My strategies are*

- to avoid*
- to use my Imagination in order to handle such actions in a smarter way*
- to apply positive thinking in order to increase motivation*
- to be aware of costs...*
- to do risk analysis, when needed*
- 5 - 4 - 3 - 2 - 1 - Go!*

I will **improve** and then I do like this?

*Use only extensive answers, when it is relevant!  
To be more interested in the worlds of other people - my enthusiasm for my interests has to be governed;-)*

